

FLU EPIDEMIC 1918-19

Having been born in 1914 my age in 1918 was 4 years. My brother, John, was 2 years younger. In July of 1919 a Glasgow family came to Dornoch to recuperate from the flu. A little boy of that family died of the flu. There was a boy and girl of similar<sup>age</sup>/to us with whom we played one afternoon. That same evening I went down with flu. After about 8 days I was, more or less, recovered. When my brother took seriously ill. Fortunately, we had a very good doctor, who attended him extremely well when he was threatened with meningitis.

During this period our neighbours were most helpful. Our nearest neighbour had been a qualified nurse and on several occasions she remained with us all night. Two neighbours were about 100 yards away and another with a young family resided about a quarter of a mile distant. Our farm was about  $1\frac{1}{2}$  miles from Dornoch.

N. Macdonald,

ELMBANK,

DORNOCH,

Sutherland. 1025 35N.